



THE INTERNATIONAL SCHOOL OF MUSIC AND FINE ARTS PRAGUE

CLASSICAL BALLET

WEDNESDAY: 3:00 – 4:00 pm (Nursery, Reception)

4:00 – 5:00 pm (Year 1-3)



TEACHER: TEREZA KRUPÍČKOVÁ

Tereza is a graduate of the Dance Conservatory of Prague and the Academy of Performing Arts in Prague (major in Dance pedagogy). She focuses on both classical ballet and modern dance. She is a sought-after teacher with long teaching experience (Czech Republic, Italy, UK). She has been at ISMFA since 2009.

SPECIFICATION

In a fun way, little ballerinas will discover new ways to move. They will **combine musical rhythm and movements with some basic classical ballet patterns**. Apart from dancing, they will learn to follow the instructions, ballet etiquette, etc. Opportunity to perform at regular dance performances alongside their lecturers – professional ballerinas.

YOU CAN ENROLL your child through **MyPBIS online system**.

For further information, please, contact info@musicsschoolprague.com or at **731 44 52 13, 731 44 52 15**
www.musicsschoolprague.com



THE INTERNATIONAL SCHOOL OF MUSIC AND FINE ARTS PRAGUE

CLASSICAL BALLET

TUESDAY: 3:00 – 4:00 pm (Year 3-4)

4:00 – 5:00 pm (Year 5-6)



TEACHER: BELGI ADIGUZEL

graduated from the **State Conservatory** in Ankara. She continued her studies at the Prague Conservatory. She gained her degree in the Choreography Department of The Academy of Performing Arts. She has been performing in **Russia, England, Spain, Germany, etc.** Currently, she acts at the **State Opera in Prague or National Theatre**

SPECIFICATION

This class follows **traditional class format**, focusing on posture and alignment, introduces ballet terminology, but without barre work. Includes warm up, basic ballet steps, centre movement, simple choreography, free dance time and improvisation, stretching and stretching exercises. No former training is required. Opportunity to perform at regular dance performances alongside their lecturers – professional ballerinas.

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