

PBIS Residential Kit List

September 2019

Trips for Year 7, 8 & 10 are 3 days, 2 nights long. Trips for Year 9 & 12 are 4 days, 3 nights long.

CLOTHING - MUST HAVE	
1 or 2	Lightweight, quick drying trousers suitable for general activities
2	Shorts/ leggings
3/4	Quick dry t-shirts (depending on trip length)
1 or 2	Thermal long sleeve t-shirt and leggings
2	Fleece/Warm sweat shirt
1	Warm jacket
1	Waterproof jacket
1 of each	Warm hat, gloves, warm socks
4	Underwear
4	Socks
1 of each	Sun protection: Baseball cap, Sunglasses, Sunscreen
1	Swimsuit / swim shorts
1 set	Clothing which you able to wear in water (e.g. 1 x old shirt & 1 pair of shorts OR leggings)

OPTIONAL ITEMS TO BRING
Sleeping Bag (bedding is already provided)
Small umbrella / poncho
Small Book
Card Games
Small Sports Equipment
Journal for writing & taking notes.
Bike Helmet*
Prescribed medicine
Any medication you regularly take should also be made known to PBIS coordinators prior to trip
* These would be already provided by 3E Outdoors.

SHOES - MUST HAVE	
1	Trainers/Hiking Boots for wearing outside and in the forest.
1	Indoor Slippers/Sandals for the accommodation
1	Shoes for water activities or an old pair trainers

OTHER ITEMS - MUST HAVE	
1	Backpack for daily activities (20/25L)
1	Water bottle minimum 1L
1	Flashlight (head torch)
1	Towel
1 of each	Toiletries (toothbrush, toothpaste, small bottle of shampoo/shower gel, deodorant, bug repellent),

